

Welcome to Outer Cape Health Services

We are grateful for your choosing us as your healthcare provider.

This New Patient Admissions Packet must be completed and returned to us prior to your first appointment being scheduled. *Please complete all forms in <u>black ink only</u> to ensure readability when scanned.*

This packet includes the following:

- 1) Notice of Privacy Practices: Please review this notice carefully.
- 2) Patient Registration Form: Please complete all portions of this form. Note that as a Federally Qualified Health Center, we are required to collect demographic information regarding the patients we serve. The information you provide is confidential.
- 3) **Health History Questionnaire:** A summary of your medical history, medications, allergies, health habits and family health history. Please record all medication you are on, including any over-the-counter medication and supplements you take.
- 4) Treatment, Payment and Data Agreement: Needs to be signed prior to seeing a clinician.
- 5) Authorization for Request of Protected Health Information: To ensure continuity of care, we must receive any medical records from your previous Primary Care Provider (PCP). It is your responsibility to complete the Authorization form in order to grant us permission to request records from your previous practice.

Please review the following Patient Responsibilities:

- ❖ Insurance: We do not accept all insurance plans. If you have an insurance for which we do not file, you are responsible for payment at time of service. You may submit your receipt to your insurance company yourself for reimbursement, although we cannot guarantee what reimbursement will be made, if any, by your insurance plan.
- We accept cash, check and credit card payments.
- If you have an insurance plan that requires assignment of a PCP, it is your responsibility to contact your insurance company of your new PCP
- Co-payments: Any co-pay that is required by your insurance company is due at time of visit.
- Prescriptions: We require 48 hours' notice to process all prescription refill requests. If you request a refill on a Friday, it may not be available until Monday.
- Controlled Substances will not be refilled at the first visit.

Please arrive 20 minutes prior to your appointment.

Thank you for choosing Outer Cape Health Services!



NOTICE OF PRIVACY PRACTICES

Your Information. Your Rights. Our Responsibilities

This notice describes how medical information about you may be used and shared with others and how you can get access to it. Please review it carefully.

OUR USES AND DISCLOSURES

How do we typically use or share your health information?

We typically use your health information in the following wavs.

1) To treat you

We can use your health information to and provide it to others who are treating you.

Example: A doctor treating you for an injury asks another doctor about your overall health condition.

Outer Cape Health Services uses a secure medical record. Access to your medical records and other information maintained by Outer Cape Health Services is restricted to clinicians and staff who need the information for treatment, payment or health care operations purposes, or other allowable purposes as described by this Notice.

In some cases, clinicians at other health care organizations may be able to electronically access your health information created or maintained by Outer Cape Health Services, through a secure network for the transmission of health information such as the Massachusetts Health Information Highway ("The Hiway"). All of these clinicians are required to take steps to protect the confidentiality of your information.

2) To run our organization

We can use and share your health information to run our practice, improve your care and contact you when necessary.

Example: We use health information about you to assess the quality of care we provide.

3) To bill for our services

We can use and share your health information to bill and collect payment for health plans or entities, including individuals, such as family members who are responsible for paying for your health care.

Example: We give information about you to your health insurance company so it will pay for our services.

How else can we share your information?

We are allowed or required to share your information in other ways, usually in ways that contribute to the public good, such as public health and research. We have to meet many conditions in the law before we can share your information. For more information: www.hhs.gov.privacy,hipaa

Help with public health and safety issues

Such as:

- · Preventing disease
- Helping with product recalls
- · Reporting adverse reactions to medication
- Reporting abuse, neglect or domestic violence.

Do research

We can use or share your information for health research.

Comply with the law

If state or federal law requires it, we will share your information. This includes the Department of Health and Human Services if it wants to see that we are complying with federal privacy laws.

Example: Massachusetts Immunization Information Systems ("MIIS") is a statewide system to track immunizations given to you and your family. The goal is to ensure everyone in the state's up-to-date with their vaccinations and that records are available when you need them, such as when a child enters school, in an emergency or when you change your healthcare provider. You can choose to opt out of the program, but your information will continue tobe maintained in the MIIS database. Opting out only means that you will need to keep track of your child's immunization records in the event that you change doctors or get immunized at another health facility.

Respond to organ and tissue donation requests

We share information about you with organ procurement organizations.

Work with a medical examiner or funeral director

We share information when an individual dies.

Address worker's compensation, law enforcement and other government requests

- Workers compensation claims
- Law enforcement purposes with a law enforcement official
- With health oversight agencies for activities authorized by law
- For special government functions such as military, national security and presidential protective services.

Response to lawsuits and legal actions

We can share health information about you in response to a court or administrative order, or in response to a subpoena.

OUR RESPONSIBILITIES

- We are required by law to maintain the privacy and security of your protected health information.
- We will let you know promptly if a breach occurs.
- We will follow the duties and privacy practices described in this Notice and give you a copy.
- We will not share or use your information other than as described in this Notice unless you tell us we can.
 If you change your mind at any time, you must let us know in writing.

YOUR RIGHTS

This section explains your rights and some or our responsibilities to help you.

Get an electronic copy of your medical record

You can ask to see or get an electronic or paper copy of your medical record and other health information we have about you. Ask us how we can help you do that. We will provide a copy within 30-days of your request. We may charge a reasonable cost-based fee in accordance with state and federal law.

Ask us to correct your medical record

You can ask us to correct information about you that you think is incorrect. Ask us how we can help you do that. We may say "no" to your request, but we'll tell you why in writing within 60 days. If we say "no", you still have the right to have your disagreement noted in your file.

Request confidential communications

You can ask us to contact you in a specific way (phone or cell phone) and all reasonable requests will be approved.

Ask us to limit what we share

- You can ask for us not to share or use certain health information. We are not required to agree with your request and we may say "no" if it would affect your care.
- If you pay out of pocket for your health care, you can ask us not to share that information with your health insurer. We will say "yes" unless a law requires us to share that information.

Get a list of those with whom we have shared information

- You can ask for a list (accounting) of the times we've shared your health information in the past 6 years prior to the date you ask, who we shared it with and why.
- We will make all disclosures except for those about treatment, payment, health care operations and any other disclosures that you have asked us to make.

We will provide one accounting a year for free, but will charge a reasonable cost-based fee if you make another within 12 months.

Get a copy of the Privacy Notice

You can ask for a paper copy of this Notice, even if you have agreed to get it electronically.

File a complaint if you feel your rights have been violated

- You can complain, if you feel we have violated your rights by contacting the location where you received care, or by contacting the Outer Cape Health Services Privacy Officer at 508-905-2800.
- You can file a complaint with the US Department of Health and Human Services Office for Civil Rights, 200 Independence Avenue, SW, Washington DC 20201, 1-877-696-6775 or www.hhs.gov/ocr/privacy/hipaa/complaints
- Outer Cape Health Services will not retaliate against you for filing a complaint.

YOUR CHOICES

For certain health information you can tell us your choices about what we share. Please let us know if you have a clear preference for how we share information in the situations described below.

- Share information with your family, close friends or others involved in your care.
- Share information in a disaster relief situation

If you are not present, unable to communicate or in an emergency situation, we may exercise judgment to determine whether to disclose information to others involved in your care. We may also share information when needed to lesson a serious and imminent threat to health or safety.

Federal and state law require your specific written authorization for the disclosure of this information: psychotherapy notes, as defined by laws; communication with certain behavioral health professionals; communications between domestic violation victims and their domestic violence counselor(s); and between sexual assault victims and their sexual assault counselor(s); and information related to substance abuse treatment, HIV testing or results; treatment of sexually transmitted diseases, and genetic testing. As well as marketing and the sale of your information.

In the case of fundraising, if you do not wish to be contacted, please call our Development Office at 508-905-2800.

RIGHT TO CHANGE TERMS OF THIS NOTICE

We may change the terms of this Notice, and the changes will apply to all information we have about you. The new Notice will be available upon request, at Outer Cape Health Services and on our website. Effective Date of this Notice is November 1, 2018.

Patient Registration Form



| Patient Information (F | Please print clearly | in BLA | CK ink only) | | | |
|--|---|-------------------------|---|--|---|--|
| Legal Name* | Last | First | Mic | ddle Initial | Preferre | ed Name: |
| Legal Sex (please check | cone) * 🖵 Female | □ Ma | ale | | Pronou | ns: |
| *While Outer Cape Health Se unfortunately do not. Please pertaining to insurance, billin | be aware that the nam | e and sex | you have listed o | n your insurand | e must be | |
| Date of Birth (mm/dd/yyyy) | // | | Social Sec | urity # | | |
| Contact Information | | | <u> </u> | | | |
| Mailing Address | | | City | Stat | te | Zip Code |
| Address (if different fro | m above) | | City | Stat | te | Zip Code |
| Please circle your prima | ary phone number: | | | | | |
| Home Phone | Cell Phone | | Work Phone | | Commu | nication Preferences |
| () | () | | () | | Check all that apply: | |
| Ok to leave voicemail? Yes No | Ok to leave voice Yes No | email? | Yes No No Email Primary F | | ment reminders default to g. Please check if you | |
| | | | | | preter p | hone calls. □ |
| Email address | Email address Would you like to sign up fo MyChart? □ Yes □ No | | | | | |
| Demographic Informa | ition | | | | | |
| This information is for c Center, Outer Cape Hea information you provide | Ith is required to co | ses only a llect dem | and will not af | fect your car rmation rega | e. As a F ording the | ederally Qualified Health patients we serve. The |
| Marital Status | | | | | | |
| ☐ Married ☐ Partnered | ☐ Single ☐ Divord | ced □Otl | her | | | |
| Ethnicity Hispanic/Latino/Latina Not Hispanic/ Latino/Latina Unknown | Racial Group(s) (check all that app Alaskan Native American Indian Asian Black/African American | □ N □ F | Native Hawaiian Pacific Islander Unknown Vhite | Veteran State Active Delian Inactive Delian Not a Veel Delian Reservis Veteran | uty Duty teran | Preferred Language (choose one) □ English □ Spanish □ French □ Portuguese □ Other |

| Patient Name: | | | | Date of | Birth: |
|---|---|------------------------------------|---|-----------------------------------|---|
| Patient Co | ntacts | | | | |
| Emergency C | Contact's N | ame | Phone Number | Relati | onship |
| If you are und | | Department of I | Public Health requires that yo Phone Number | | guardian contact information. ionship |
| I authorize di voluntary I ur that the confi | isclosure of nderstand thi identiality of | nat one disclos the information | e information to the individua sed by Outer Cape Health Se | ervices to such per | nderstand that this authorization is rson(s), we can no longer ensure ain in effect until Outer Cape Health |
| | Name | | Relationsh | ip | Phone Number |
| | | | | | |
| | | | | | |
| | | | | | |
| Employmen | nt | | | | |
| Employment Status | | Occupation | | Are you covered under school or | |
| Employed full-timeEmployed part-timeStudent full-time | | Employer/School Name | | employer's insurance? ☐ Yes ☐ No | |
| □ Other: | | | | | |
| Sexual Orio | entation & | Gender Ide | ntification | | |
| Sexual Orienta | ation | | Gender Identity | | Sex assigned at birth. |
| □ Lesbian | | ☐ Asexual | □ Female | Questioning | ☐ Male |
| □ Gay | | Omnisexual | ☐ Male | □ Other | □ Intersex |
| ☐ Straight / he | eterosexual | | ☐ Transgender Female | | ☐ Choose not to disclose |
| ☐ Bisexual | | ☐ Don't know | Transgender MaleGenderqueer or non-binal | rv | |
| □ Pansexual□ Choose not | to disclose | ☐ Other | ☐ Choose not to disclose | · y | |
| Preferred Pl | harmacy | | | | |
| Pharmacy Na | ama | | _ Address _ | | |
| - Harmacy Ne | | | Addic33 | | |
| Insurance In | 1 | | | | |
| Medical | Plan Name | e | Subscriber # | | Insured Name |
| Secondary | Plan Name | 9 | Subscriber # | | Insured Name |
| Vision | Plan Name | | Subscriber # | | Insured Name |

Annual Demographic Form



| Patient Name: | Date of Birth: |
|---|---|
| | ly. As a federally qualified health center, we are required to obtain eporting purposes only. No personally identifiable information is blow is protected by law. |
| Family Size: | |
| How many people are in your family household? | |
| Income: Counting yourself, your spouse and all dependent children on your federal tax return) what is your gross income (in | en (those 18 years or younger who are still claimed as dependent acome before taxes) for your family? |
| \$Select one: ☐ Daily ☐ Wee | kly □ Monthly □ Annually |
| <u>Homeless Status</u> | |
| Which best describes your housing/homeless status? At risk for homeless Child at risk for homeless Currently not homeless, but was in the last 12 me Living in a shelter Living with others Not homeless Permanent supportive housing Single occupancy hotel Street, camp, bridge In transitional housing Veteran at risk for homeless | onths |
| Migrant/Seasonal Worker Status | |
| Are you a migrant or seasonal agricultural worker? | Seasonal □ Migrant □ Neither |



ANNUAL HEALTH HISTORY QUESTIONNAIRE

All information you provide is strictly confidential and will become part of your medical record. Please answer the questions to the best of your ability, especially any information that is new or has changed over the past year. You may leave any or all fields blank, but your provider may ask for the information in your office visit. **Please complete in BLACK ink only.**

| l ast | Name | First Name | |
|------------------|---|------------------------------------|----------------------|
| .ası | TVallic | Thot Numb | IVIIGGIC ITILIE |
| ate | of Birth (mm/dd/yyyy) | | |
| Vha | t is your current gender identity? | (Check all that apply) | |
| | Male | | |
| | Female | | |
| | Female-to-Male (FTM)/Trans | sgender | |
| | Male/Trans Man | | |
| | Male-to-Female (MTF)/Trans | gender | |
| | Female/Trans Woman | | |
| 3 | Genderqueer, neither exclusion | ively male nor female | |
| | Additional Gender Category/ | (or Other), please specify | |
| | Decline to Answer, please ex | xplain why | |
| ∕Vha | t sex were you assigned at birth | on your original birth certificate | ? (Check one) |
| | Male | | |
| | Female | | |
| | Decline to Answer, please ex | plain why | |
| | | | |
| ² rev | ious Source of Health Care: (Pri | mary Care Provider Name, Faci | lity, Phone Number) |
| _ | | | |
| Date | of Last Visit? | _ | |
| J014 | a vou completed and signed a | modical record release form | for your primary car |
| | e you completed and signed a ider and specialists, including | | Yes 🗆 No |
| | t, please complete and sign relea | • | |

Allergies or Asthma Cholesterol (high) **High Blood Pressure** Congestive Heart Failure Lung Disease Acid Reflux/Heartburn Depression and/or Anxiety Stroke Alcoholism **Diabetes** Thyroid Disease Anemia **Arthritis** Drug or Alcohol Use Disorder Other (list): Breast lumps/cysts **Heart Disease Hepatitis** Cancer (tumors) SURGERIES AND OTHER HOSPITALIZATIONS Date Type of surgery / reason Name of hospital RECENT SCREENINGS (eg, last mammography, pap test, colonoscopy - Please request prior records from the facilities where these were performed) OTHER DOCTORS AND SPECIALISTS (Patient Care Team) Specialist Type Specialist/ Facility **Specialist Type** Specialist/ Facility Gyn/OB Dental **Eye Doctor Podiatry** Dermatology Other Psychiatry (prescriber) Other

Other

MEDICAL CONDITIONS: Circle any of the following conditions you have had.

Therapist/Counselor

| PRESCRIPTION | ONS, OVER T | HE COUNTER | R MEDICATION | NS AND HERBA | AL PRODUCTS | |
|------------------|------------------------------|-------------------------|--|--------------|-------------|-----------|
| N | Name | | Dose | | Frequency | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| ALLERGIES 1 | TO MEDICATION | ONS | Y LECTION AND ADDRESS OF THE PARTY OF THE PA | | | |
| | Medicatio | n | React | ion | | |
| | | | | | | |
| ALLERGIES 1 | TO FOOD AND | ENVIRONM | ENTAL SOUR | CES | | |
| | Source | | Reactio | n | | |
| | | | | | | |
| SOCIAL HIST | ORY/HEALTH | HABITS ANI | PERSONAL | SAFETY | | |
| Occupation: | · | | | | | |
| Living Situation | on: | | | | | |
| Marital Status | Single □ | ☐ Married | ☐ Partnered | ☐ Separated | ☐ Divorced | ☐ Widowed |
| Smoking | Have you eve ☐ Current sn | er used tobace noker | | mer smoker | ☐ Never s | moker |

| | yes, now many years have you used tobacco: | | | | | |
|---------------------|---|-----------|-------|--|--|--|
| li | yes, year last used? | | | | | |
| A | amount per day: Cigarettes Cigars Vape/Pipe Che | w | | | | |
| Alcohol | How often did you have a drink containing alcohol in the past year? | | | | | |
| Alconor | □ Never □ Monthly or less □ Two to four times a month □ Four or more times a week | | | | | |
| | How many drinks containing alcohol did you have on a typical day w drinking in the past year? (1 drink = 12 oz. beer, 4 oz wine, 1.5 oz sp | • | /ere | | | |
| | □ 0 drinks □ 1 or 2 □ 3 or 4 □ 5 or 6 □ 7 to 9 □ | 10 or mo | re | | | |
| | How often did you have six or more drinks on one occasion in the pa | st year? | | | | |
| | ☐ Never ☐ Less than monthly ☐ Monthly ☐ Weekly ☐ Daily | or almost | daily | | | |
| Sexual Health | When you were last tested for sexually transmitted infections (STIs)? | | | | | |
| | Have you had any type of sexual contact since the last time you were tested for STIs? | ☐ Yes | □ No | | | |
| | If you have a concern about sexually transmitted infections that you need addressed more urgently, please contact our Sexual Health staff at 774-538-3350 | | | | | |
| Drugs | Have you ever used recreational or street drugs? | ☐ Yes | □ No | | | |
| | Have you ever misused prescription or non-prescription drugs? | ☐ Yes | □ No | | | |
| | Have you ever given yourself drugs with a needle that was not ☐ Yes ☐ No prescribed to you? | | | | | |
| | Would you like to meet with a clinician to confidentially discuss your ☐ Yes ☐ No drug use? | | | | | |
| Domesti Violence | | ☐ Yes | □ No | | | |
| | Have you ever felt unsafe or threatened by someone close to you? | ☐ Yes | □ No | | | |
| | Do you feel safe at home? | ☐ Yes | □ No | | | |
| Diet | List any dietary restrictions: | | | | | |
| Exercise | What type of exercise do you do? | | | | | |
| | How many times a week? Duration of workout | | | | | |

| Caffeine | Number of cups/drinks per day? | | | | | |
|-------------------|--------------------------------|-------------------|----------------------------------|--------------------------|--|--|
| | Coffee _ | | Soda | | | |
| | Tea - | | Energy Drink | | | |
| Mental Health | Have you eve | er had a psychia | atric hospitalization? | ☐ Yes ☐ No | | |
| | Have you eve | er attempted su | icide? | ☐ Yes ☐ No | | |
| Food Security | In the past 12 money to buy | | you been worried that food would | d run out before you had | | |
| | □ Yes □ | Sometimes | ☐ Never | | | |
| Women's Health | Are you pregr | nant? | □ Yes □ No | | | |
| · iouitii | Date of last p | eriod | Period every | days for days | | |
| | Are you curre | ntly trying to ge | et pregnant? | ☐ Yes ☐ No | | |
| | If no, what is | your birth contr | ol method? | | | |
| FAMILY ME | EDICAL HISTO | RY | | | | |
| ☐ Are you / | Adopted? – H | istory Unknowr | n □ Yes □ No | | | |
| Family Member | Age | Alive? | If Deceased, cause | Age at Death | | |
| Mother | | | | | | |
| Father | | | | | | |
| Siblings(s) | | | | | | |
| Children | | | | | | |
| Other | | | | | | |
| | | | | | | |

Thank You for Completing this Form

Authorization for Request of Protected Health Information



| Street | City/To | wn | State | Zip Code |
|---------------------------|--|---|---|---|
| | | | | Zip Code |
| er | | | | |
| request a copy of my | medical records be sent | by mail or fax | to: | |
| P.O. | Box 598, Harwich Port | , MA 02646 | | |
| Personal 🛚 Legal | ☐ Transferring Care □ | ☐ Other | | |
| ı: | | | All Records | |
| | | | | |
| | | | | |
| rmation | | | | |
| | | | | |
| | Practice Name | | | |
| | | | | |
| | Practice Address | | | |
| | | | | |
| Number | | | Fax Number | |
| | | | | |
| Protecto | ed under State Law: | Please initia | l below | |
| Abuse Treatment | | | | |
|)isease* | | | | |
| | | | | |
| | | | | |
| | | orker, counseling | g professional or a phy | ysician |
| alid for release of Prote | ected Health Information | for 180 days f | rom date below OR | (please indicate |
| disclosure 🔲 upor | termination from service | es 🔲 until re | evoked in writing | ☐ other |
| entative Name (print | t) | | | |
| | | | | |
| | | | | |
| entative Signature:_ | | | D | ate: |
| | Protector Abuse Treatment Disease* by a clinical nurse special licensed under the provise alid for release of Protector disclosure upon upon sentative Name (print sentative Na | Outer Cape Health Set P.O. Box 598, Harwich Port Fax: 508-487-629 Personal Legal Transferring Care To Transferring Care To To Transferring Care To To Transferring Care To Transferring Care To Transferring Care To Transferring Care To Transferring Care To To Transferring Care To To Transferring Care To To Transferring Care To To Transferring Care To | Outer Cape Health Services P.O. Box 598, Harwich Port, MA 02646 Fax: 508-487-6298 Personal Legal Transferring Care Other Transferring Care | P.O. Box 598, Harwich Port, MA 02646 Fax: 508-487-6298 Personal Legal Transferring Care Other All Records |

To the practice sending records, please send only the following:

- Health maintenance sheet
- Immunization record
- Last CPE
- Last 3 office visit notes
- · Labs for current and previous year
- All pathology reports
- Last PAP report and any abnormal reports
- Last colonoscopy and any abnormal reports
- Last mammogram and any abnormal reports

- Last chest x-ray and any abnormal reports
- All MRI's, CT's, interventional radiology studies
- All consults in the past 2 years with exception, of all cardiology, oncology, neuropsychiatry and pain consults
- All cardiology testing in the last 2 years
- All neurology testing (EMG, EEG) or pulmonary testing in the past 2 years
- Hospital discharge summaries
- · All mental health records for the past 2 years
- *A separate release authorization is required for each request to release the results of HIV/AIDS testing, M.G. L. c111§ 70F
- **Release of information must comply with the federal HIPAA Privacy Act and federal Confidentiality of Alcohol and Drug Abuse Client Records, 42 CFR, part 2 regulations. Note to recipient: This contains confidential information. 42 CFR part 2 prohibits you from making any further disclosure of this information unless expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by law. A general authorization for the release of medical or other information is NOT sufficient for this purpose. The Federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse.

I hereby disclose my health information for the purposed noted above. I understand that once such information has been disclosed to the intended recipient, that OCHS cannot guarantee that the recipient will not re-disclose my health information to a third party. The third party may not be required to abide by this Authorization or applicable federal and state law governing the use and disclosure of my health information.

If I have questions about disclosure of my health information, I can contact the Outer Cape Health Services Compliance Officer: 508-905-2820 or patientexperience@outercape.org

A facsimile or copy of this document is valid as the original. Scan Completed Document to EMR: Consents and Contracts

Revised 2/23/2021

Treatment, Payment and Data Agreement



| Print Name: | Date of Birth: |
|-------------|----------------|
| | |

- I hereby give my consent and authorize Outer Cape Health Services to treat any medical or mental health condition providing that the care provider has explained my condition to me, the treatment procedures and alternative methods of treating my condition. The care provider has discussed with me foreseeable risks of the above stated treatment and that there may be undesirable results.
- I understand that Outer Cape Health Services operates a primary care practice that integrates behavioral health services, which means behavioral health staff are part of my medical team and experience, and that being seen by a behavioral health provider through primary care may result in additional charges to my insurance. This may also result in an additional copayment or coinsurance. I acknowledge that in cases of insufficient coverage, I will be held responsible for the remaining balance.
- I have carefully read and fully understand this Informed Consent Form and all of my questions have been adequately answered.
- I authorize examination and treatment for this and all following medical or mental health visits.
- I understand I am personally responsible for all charges and deductibles. Financial assistance is available for those who qualify.
- I am personally responsible for providing accurate and current insurance information.
- I authorize a photocopy of this statement to serve as the original and the use of this signature on all insurance submissions.
- I authorize release of all information necessary to secure payments of benefits.
- I understand that Outer Cape Health Services may use data developed for and/or provided by clients to determine general characteristics of the communities it serves and that none of this information will in any way identify individual clients.
- I certify that the above information is true and correct. I have received a copy of Outer Cape's Notice of Privacy Practices (HIPAA) and Patient Rights and Responsibilities.

| Patient Signature Date |
|------------------------|
|------------------------|

General Information: Informed consent will be obtained from all patients accessing medical, behavioral health, and/or research services/activities. Informed consent is not merely a signed document. It is an ongoing process that considers patient needs and preferences, compliance with law and regulation, and patient education.

The patient and/or family, as appropriate, are given information about:

- The patient's condition;
- Proposed treatments, procedures, or research activities;
- Potential benefits and drawbacks of proposed treatments or procedures;
- Problems related to recuperation:
- Alternative treatment(s) or procedure(s);

- The physician or other practitioner primarily responsible for the patient's care;
- Others authorizing or performing procedures or treatments; and
- Any business relationships among individuals treating the patient, or between the organization and any other health facility.

Outer Cape Health is part of an organized health care arrangement including participants in OCHIN. A current list of OCHIN participants is available at www.ochin.org. As a business associate of Outer Cape Health, OCHIN supplies information technology and related services to Outer Cape Health and other OCHIN participants. OCHIN also engages in quality assessment and improvement activities on behalf of its participants. For example, OCHIN coordinates clinical review activities on behalf of participating organizations to establish best practice standards and access clinical benefits that may be derived from the use of electronic health record systems. OCHIN also helps participants work collaboratively to improve the management of internal and external patient referrals. Your health information may be shared by Outer Cape Health with other OCHIN participants when necessary for health care operation purposes of the organized health care arrangement.

The information in your medical record is confidential and is protected under both Federal and Massachusetts laws. Your written consent will be required for release of information except in those certain circumstances where consent is not legally required.